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WHCOA Solutions Forum  
Hosted by the Texas Silver-Haired Legislature  
July 29, 2005  
9:30 am – 12:30 pm  
Texas Capitol Extension Auditorium, E1.004

### ***AGING WELL IN AMERICA***

**Purpose of Forum:** To present Solutions of aging policy issues for consideration by WHCOA Policy Committee in developing resolutions on *Healthy Living and Community Supports for Aging Well in America* and to provide information for the Texas WHCOA delegation

**9:30 – 10:00 am**

Presiding, **Chris Kyker**, Speaker, TSHL & WHCOA delegate

Introductions, **Commissioner Jim Hine**, Texas Department of Aging and Disability Services & WHCOA delegate

Welcome, **Senator Jane Nelson**, Chair, Texas Senate Health and Human Services Committee and WHCOA delegate

Overview of WHCOA, **Alejandro Aparicio, M.D.**, Director, Division of Continuing Physician Professional Development, American Medical Association; Member, WHCOA Policy Committee. **Rodolfo Arredondo, Ed.D**, Professor of Neuropsychiatry, Texas Tech University Health Sciences Center; Member, President's Advisory Council to WHCOA and Chair, Agency Council, Texas Department of State Health Services.

**10:00 am – noon      Invited Testimony - Health and Long Term Living**

**Panel #1      Healthy Living – Life Style**

**Presentation 1:** "Aging Well."

**Karl Urban**, Manager, Policy Analysis and Support in the Center for Policy and Innovation, Department of Aging and Disability Services.

**Presentation 2:** "Physical Fitness for Long Term Living."

**Paul Carrozza**, Co-Chair, Governor's Advisory Council on Physical Fitness; Member, President's Council on Physical Fitness

**Presentation 3:** "Healthy Long Term Living through Avoidance of Risk for Chronic Conditions"  
**Commissioner Eduardo J. Sanchez, M.D., M.P.H.**, Texas Department State Health Services.

## **Panel #2     Health Promotion- Programs and Services**

**Presentation 1:** "Health Promotion Activities for Long Term Living"

**Carmel Bitondo Dyer, M.D.**, Assistant Professor, Baylor College of Medicine, Houston, Texas and Director, Harris Hospital District Geriatrics Program and WHCOA delegate

**Presentation 2:** "Solutions and Resources Related to Mental Health and Long Term Living"

**Steven Shon, M.D.** Medical Director of Behavioral & Community Health Services, Texas Department of State Health Services

**Presentation 3:** " Use of Telehealth as a Solution for Healthy and Long Term Living in Rural Communities"

**Glen Provost, JD, MPH**, Director, Aging Law & Policy Program; Chief, Planning and Project Development, Texas Tech University Health Sciences Center and Adjunct Professor of Elderly Law & WHCOA delegate

**Presentation 4:** " Geriatrics and Gerontology Education: A Solution for Quality Care"

**Michele Saunders, DMD, MS, MPH**, Director, South Texas Geriatric Education Center at the University of Texas Health Science Center, San Antonio

## **Panel #3     Our Community Infrastructure**

**Presentation 1:** "Universal Design: Ensuring Safety and Convenience in New Construction and Home Modifications."

**Lee Burch, PhD, AIA**, Vice President, Community College Practice Leader, 3D/I, Houston, Lecturer on Senior Housing at Harvard University

**Presentation 2:** "Meeting the Mobility Needs of an Aging Population"

**Beth Stalvey, MPH, PhD**, Gerontologist and Public Policy Director, Texas Council for Developmental Disabilities

**Presentation 3:** " Work Incentives/Disincentives for Aging Boomers and Their Employers"

**Tom Oliver, CPA**, Member, Agency Council, Texas Department of Aging and Disability Services, and WHCOA delegate

**Presentation 4:** "Motivating Seniors in Civic Engagement"

**Betty Streckfuss, RN**, Secretary, TSHL Finance Committee and WHCOA delegate

## **Panel #4     Our Community Services and Supports**

**Presentation 1:** "Step 1: Assess Community Readiness and Capacity for Supporting Aging Well and Long Term Living"

**Karen Johnson**, President/CEO, United Ways of Texas and WHCOA delegate

**Presentation 2:** "Statewide initiatives to help communities address the rapid aging of America, increased longevity and diversity of older individuals."

**Carol Zernial**, Chair, National Institute on Community Based Long Term Care and WHCOA delegate

**Presentation 3:** "Strengthening Support for Family Caregivers as a Solution"

**Charlene Hunter-James**, Director, Harris County Area Agency on Aging and WHCOA delegate

**Presentation 4:** "Creating Maximum Independence for Individuals Needing Long term Services and Support," **Commissioner Jim Hine, DADS** and WHCOA delegate

**12:00 pm – Public Testimony**

Presiding, **Homer Lear**, Speaker Emeritus, TSHL, Chair, Board of Directors, National Silver-Haired Congress & WHCOA delegate

**12:30 pm     Adjourn**

**1:30 pm     Brief meeting of WHCOA delegates and alternates. Convened by Commissioner Jim Hine in Room E2.1002**